



Stronger With Scars™



THE TEXAS KK CANCER COMFORT *Guide* ♥

♥
PRODUCTS THAT HELPED ME
DURING MY CANCER JOURNEY

Comfort. Hope. Healing.

— ♥ —
Kelle Hinson ♥

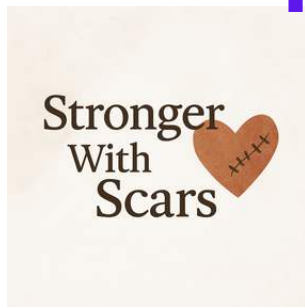
— CANCER SURVIVOR —

WWW.TEXASKKSTOMPSCANCER.COM

UPDATED REGULARLY • NEW PRODUCTS ADDED



MY STORY



Hi, I'm **Kelle Hinson**.

In 2023, my life changed when I was diagnosed with **Stage 3 Esophageal Cancer** and **Stage 1 Colon Cancer**. Like many people facing cancer, I felt overwhelmed, scared, and uncertain about what the future would hold.

I went through chemotherapy, radiation, major surgery, and a long recovery. There were difficult days, but through faith, family, friends, and God's strength, I kept moving forward one day at a time.

Along the way, I discovered products, tools, and simple comforts that made treatment and recovery a little easier. Some helped me rest better, stay hydrated, stay organized, and find comfort during challenging days.

I created this guide to share the items that personally helped me during my cancer journey. My hope is that these recommendations provide comfort, encouragement, and practical support to others facing cancer or caring for a loved one.

Today, I am grateful for every day, passionate about helping others, and committed to sharing hope with those walking a similar path.

You are stronger than you think, and you do not have to walk this journey alone.

— Kelle Hinson
Texas KK Stomps Cancer

ROUTINE

**GENTLE ON HAIR.
STRONG ON RESULTS.**



BIOTIN
Helps increase elasticity and maintain strong strands

SAW PALMETTO OIL
Rich in antioxidants and strengthens against breakage

COCONUT OIL
Nourishes hair with antioxidants and fatty acids

ALOE VERA
Proteolytic enzymes from aloe helps repair cells on the scalp

NETTLE OIL
Nourishes, balances and hydrates scalp

ARGAN OIL
Moisturizes hair and helps prevent breakage

NIACINAMIDE
Helps circulate key nutrients to hair and scalp

CAFFEINE
Increases circulation to the scalp

ROUTINE WELLNESS SHAMPOO
14 oz | 414 ml

ROUTINE WELLNESS CONDITIONER
14 oz | 414 ml

- ✕ GLUTEN FREE
- ✕ PHTHALATE FREE
- ✕ SULFATE FREE
- ✕ SILICONE FREE
- ✕ PARABEN FREE
- ✕ CRUELTY FREE

[Amazon Link](#)

(helped tremendously with thinning)

SIMPLY TERRA'S (ORGANIC WHEY PROTEIN)



[Amazon Link](#)

(Put in my smoothie every morning)

HONEST (Eczema Cream)



[Amazon Link](#)

(Best Lotion Ever For
Dryness)

BIOME (skinare)



BIOME+
smoothing cloud crème


DELIVERS CLOUD-LIKE HYDRATION
FOR SOFT, SMOOTH SKIN


REFINES SKIN TEXTURE AND
MINIMIZES THE LOOK OF PORES


PROMOTES RADIANT, LUMINOUS
SKIN WITH LASTING MOISTURE

SKINTYPE: ALL SKIN TYPES

[**Amazon Link**](#)

(Not greasy but very hydrating)

TRISH McEVOY_(FACE BALM)

KEY BENEFITS



[Amazon Link](#)

(light base for a simple glow and moisture)

CHARMAST(PORTABLE CHARGER)



[Amazon Link](#)

(A LIFE SAVER WHILE IN HOSPITAL)

SHARK (HAIR DRYER/SCALP SHIELD)



[Amazon Link](#)

(LOVED HOW IT PROTECTED MY
NEW GROWTH)

CERA VE (FACIAL CLEANSER)



[Amazon Link](#)

(Soft and Amazing Cleaner)

It's a 10 (Hair mask)



[Amazon Link](#)

used 2 times week

REDKEN (Anti-snap)



FORTIFYING
LEAVE-IN TREATMENT

73% LESS
*BREAKAGE**

IMPROVES THE
APPEARANCE OF
SPLIT ENDS

*When used as a system of Extreme shampoo, conditioner, & Anti-Snap

REDKEN
5TH AVENUE NYC

[Amazon Link](#)

(Critical before blow drying).

REDKEN (LEAVE IN REPAIR)



[Amazon Link](#)

(USED 2 TIMES A WEEK)

THORLOS (WARM/SECURE SOCKS)



[Amazon Link](#)

(NEVER SLIPS OFF/WARM).

VFAEJLL (JOURNAL NOTEBOOK)



Cover Elastic Pocket Design

For stashing loose notes, business cards, receipts, mobile phone, or other small items.

[Amazon Link](#)

(ultimate organizer for
everythibg).

ONLYFACAP (Neck Ice Pack)



[Amazon Link](#)
([relief and easy to](#)
[use](#))

SUZZIPAD(Hand and Feet Chemo))

Chemo Care Package to Help Alleviate



Tingling



Numbness



Side effects of chemotherapy



[Amazon Link](#)

(Must have relief pre & post chemo).

ETEKCITY (smart scale)



[Amazon Link](#)

(very easy and very useful).

SKY ORGANICS GREAT EVERYDAY)



[Amazon Link](#)

(SOFT GOOD FOR EVERYDAY)

Pharm Table (Scalp Relief)



[Amazon Link](#)

(helped with itching)

THERMOTECH_(HEATING PAD)



[Amazon Link](#)

(TREMENDOUS BENEFIT
while reovering)