

Stronger
With
Scars



Items to Bring:

- Bible or devotional book
- Comfortable clothing (warm and lightweight)
- Non-slip socks or slippers
- Phone & charger
- Hair essentials (brush, hair ties, dry shampoo)
- Face and body lotion
- Chapstick
- List of medications
- Folder for paperwork
- Photos of loved ones
- List of contacts for post-surgery updates
- Prayer journal or notebook
- Snacks (if allowed)
- Earplugs or eye mask

Tip: Pray before packing and trust God with the rest.